



Patrol Belt



New Jersey Region - National Ski Patrol

December 2008

From the desk of Don Cavallo, New Jersey Region Director . . .

Greetings fellow New Jersey patrollers! My name is Don Cavallo, and I have just been elected to serve as New Jersey Region Director. I would like to take this opportunity to introduce myself to all of the patrollers in our region that I have not yet had the pleasure to meet. I started patrolling at Hidden Valley in 1981 and have served as both a paid and volunteer patroller. From 1986 to 1992, I took some time off from patrolling to get married to my wife, Nancy, and have two wonderful children, Matthew and Megan. My children have grown up skiing at Hidden Valley, and I am proud to say that they have both chosen to become members of the National Ski Patrol. I have recently retired from law enforcement where I served as the Assistant Director of the Passaic County Regional Police Academy.



Instructing and training is something I enjoy, and I am both a Ski and Toboggan and an OEC instructor. I take pride in being a member of the National Ski Patrol, and I believe that the quality of the work we do is held to a higher standard.

On behalf of the entire New Jersey Region, I would like to thank Chris Brodersen for his dedication and leadership. I would also like to extend to Chris my personal thanks for the time that he has spent mentoring me and sharing his wisdom. Over the past four years, Chris has recruited some of the best leaders from throughout the region to serve with him on the region staff. In an effort to make the transition of leadership flow as efficient as possible, I have spoken to most of the members of the region staff and except for some minor changes, they have agreed to stay on as your representatives. However, I encourage anyone in the region that would like to serve on the region staff or any of the committees to please contact me.

The weather has already gotten cold and the snow has been flying at many of the ski areas since before Thanksgiving. I encourage all of you to be an Ambassador for the National Ski Patrol. We need young people to join our ranks. Reach out to someone this season and let the National Ski Patrol make a difference in their life. I look forward to a fantastic season and the privilege of serving all of you as your Regional Director.

Don Cavallo

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Awards

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Awards can't be given unless someone takes the time to nominate and write them for deserving individuals. 'Know of someone you feel deserves recognition for all the service they give to patrolling? If so, get going! If you are unsure of what award he/she deserves, please drop me an email or a call.

All info needs to be to me **BY January 31!** Why so early? Since our awards banquet is usually the end of April, we at Region need time to review/revise requests. After it leaves Region, Division needs approximately two weeks, and then National needs approximately 45 days. So, put those thinking caps on and those fingers to the computer and start composing those letters NOW!

A list of awards and their requirements are available on the National website. And always feel free to ask Dave Nelson or myself for further help if you could use some assistance.

To all of you with National Appointments that have not yet nominated someone to receive that honor, remember, it is tradition to pass the honor and surprise on to another well deserving individual.

'Looking forward to seeing paperwork from ALL patrols soon. Remember, awards can't be given unless someone nominates them...

Alumni Corner

Ray Greenfield
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By now, all Alumni should have their dues in to remain on the mailing lists, National as well as New Jersey's. If not, please get it in now. You may miss the January list (National), but you'll still be on the Jersey list.

Are we going to have a Hopatcong Barbeque next summer? Let us know, but more to the point, let Jerrie Hoagland know. Yes! It's a lot of work for the Hoaglands, but it is a hell of a lot of fun getting together with Jerrie and Sam. Many of us are still snowboarding or skiing, and to hear us tell it, we're even better now than we ever were! But that's natural for Alumni. We even drink better...and are smarter!

I visited with George Roos recently at Runnels in Berkley Heights just off Route 78. He's very much with us. He loves to talk skiing and the good old days, and he even plans to get out again. Personally, he would appreciate seeing his old patroller friends once more again. Call me if you need assistance. I'll join you any time.

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Ski & Toboggan

Andy Byra
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What is our region S&T staff doing for its members? Are we doing everything we can do to help each and every one of you? These are just a few of the questions I ask myself.

This year there are many opportunities in our Region to work and improve your skills. Why not try a Patroller School this year at either Windham or Killington? Sometimes it takes getting out to larger areas to make us better Skier/Riders. Reflecting back, I can remember the great times I had at many different clinics and Patroller Schools, which greatly improved my Skiing and Toboggan skills. I have also met many new friends from all over the Division and still have a great time with them year after year.

This year I would like to challenge you to try a clinic at the Region level or one of the Patroller Schools. Our S&T staff will also hold Senior training at Hidden Valley on Monday nights and at Mountain Creek on Thursday nights. You don't have to be a Senior candidate to attend the additional training which is offered.

The New Jersey Region S&T schedule will be as follows:

- * 1/11 New Jersey Ski Trainers Workshop at Mountain Creek
- * 1/24 1st Candidate level exam
- * 2/2 Senior training at Hidden Valley
- * 2/4 2nd Candidate level exam at Mountain Creek
- * 2/5 Senior training at Mountain Creek
- * 2/9 Senior training at Hidden Valley
- * 2/11 Candidate level exam at Mountain Creek
- * 2/12 Senior training at Mountain Creek
- * 2/14 Candidate level exam at Hidden Valley
- * 2/16 Senior training at Hidden Valley
- * 2/18 Candidate level exam at Mountain Creek
- * 2/19 Senior training at Mountain Creek
- * 2/22 Toboggan Enhancement at Mountain Creek
- * 2/23 Senior training at Hidden Valley
- * 2/26 Senior training at Mountain Creek
- * 2/28 Candidate level exam at Mountain Creek
- * 3/2 Senior training at Hidden Valley
- * 3/5 Senior training at Mountain Creek
- * 3/7 Senior S&T test at Mountain Creek

Patroller Schools will be at Windham on 1/24/09 & 1/25/09, and the Killington Patroller School will be 2/7/09 & 2/8/09. Let's get out and improve our skills; you will be glad that you did!

Please contact me if you would like to attend any of the clinics or training dates listed above. My e-mail is acski@optonline.net, or you can reach me at my home 973-835-0576.

**Delaware Valley Ski Patrol
Fall OEC Class**

Stu Gillard-DVSP PD
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David Mooney-DVSP IOR

From the start of September until mid-December, 17 Students, 6 core Instructors, and one IOR scheduled, lectured & learned, taught, trained & assessed, splinted, tractioned & back boarded. A few were lost along the way, but I believe they may be back in future seasons. Mondays will actually be more relaxing for the next 9 months without the 7:00 PM – 10:00 PM OEC espresso grind that we love.

December 13th, 2008 – Testing Day:

The story to tell! An unplanned hour long parking lot meeting in the cold morning air. Evaluators, assistants, and students broke the ice with a tailgate party of coffee, bagels, and donuts at 7:30 AM (yep..., we got locked out of our venue with our supplies inside!!). We did get inside, and then we got testing: 5 Stations, 14 Students (that's 70 individual stations) in 6 hours (9:30 AM to 3:30 PM) including a Pizza Lunch provided by the NJ Region.

The amazing results: 67 of 70 stations Passed! With 2 of the 3 single station re-tests passing, 13 of 14 Students Passed on the test day, and the last passed this week.

Congratulations to the Students: Ted Iandola (Jack Frost), Jessica Stout (Big Boulder), Ken Reese (Camelback), Roseann Clark (Jack Frost), Ron Clark (Jack Frost), Ben Morris (Big Boulder), Michael Scimeca (Big Boulder), Tom Blackwell (Ski Plettekill,NY), BJ Leonard (Ski Plettekill,NY), Kevin Bollaro (Camelback) Shoshana Ilene Schiller (Jack Frost), Bill Deaton (Masthope, PA), David Olsen (Jack Frost), Fletcher Moppert (Big Boulder).

Many thanks to the DVSP OEC Class core Instructors:

Roger Copt, Joe Manna, Stu Gillard (PD), Tom Marret (Alpine), Gene Jack (Apline), Terry Ownes (Big Boulder).

Additional thanks to: RaeAnn Stichter (future OEC instructor), Gene Davis (future OEC instructor), Julie Cargille, Tom Lurz (Camelback), Gene Kohler.

A Big Thanks to the OEC Final Practical Test evaluators and assistants from seven ski areas:

STATION 1 - Oxygen: Wolfgang Boernert (Alpine), Tom Lurz (Camelback), Tim Lelie (DVSP)

STATION 2 - Traction Splinting: Jim Paradee (DVSP), David Stichter (Alpine), Stu Gilard (DVSP), Lou Bianco (Camelback), Marc Krassan (Big Boulder)

STATION 3 - Back Injury w/ Helmet Removal: Lynn Harder (DVSP), RaeAnn Stichter (DVSP), Roger Copt (DVSP), Lee Thonus (Big Boulder), Phil Uhler (Hidden Valley)

STATION 4 Wrist Injury with Bleeding: Susan Leonard (Plattekill, NY), Bob Leonard (Plattekill, NY), Rich Messina (Alpine)

STATION 5 Knee Injury w/ Boot Removal: Ray Baker (Jack Frost), Tom Marett (Alpine), Carolee Baker (Jack Frost), Al Stichter (DVSP)

STATION 6 - (duplicate station 3): Donna Lelie (DVSP), Gene Davis (DVSP), Terry Ownes (Big Boulder), Allan Clark (Hidden Valley)

OEC Testing IT: Gene Kohler (NJ OEC IT)



Left to Right Standing: Ted Iandola (Jack Frost), Jessica Stout (Big Boulder), Ken Reese (Camelback), Roseann Clark (Jack Frost), Ron Clark (Jack Frost), Judith Lewis (DVSP), Ben Morris (Big Boulder), Michael Scimeca (Big Boulder), Tom Blackwell (Ski Plettekill,NY), BJ Leonard (Ski Plettekill,NY), Kevin Bollaro (Camelback) Shoshana Ilene Schiller (Jack Frost); ***Left to Right Kneeling:*** Bill Deaton (Masthope, PA), David Olsen (Jack Frost); ***Not Pictured:*** Fletcher Moppert (Big Boulder).

Congratulations & Thanks!

David L. Mooney
DVSP Instructor of Record
See you on the slopes!

Nordic Program

Steve Devine
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If you are wondering what Nordic Skiing is all about, please consider joining the best skiers in the world. We ski downhill, uphill, and make crazy turns. Yes, we are Nordic (and Telemark) skiers. We participate in the MTR and AVI programs and travel to the great white flat lands and to the back country to ski on virgin snow away from traffic and headaches.

If you have never tried Nordic skiing, meet us at High Point one Saturday or Sunday morning. If you want to have more fun, we can go to Salmon Hills and spend a weekend enjoying the deep fresh snow, clean air, and good food. For all related activities, please visit the division website at:
<http://www.nspeast.org/html/calendar.htm>

There will be a Senior Nordic Test on January 17, 2009 in the WAPP region. We also plan to conduct Nordic Fest this year. It will be at Mountain Trails in the ENY region on Friday to Sunday February 27, 2009 to March 1, 2009. Please contact Karlis Kopans 914-962-3511, karlkopans@aol.com, for more information.

Nordic skiing is the best way to improve your balance and aerobic skills! So, if you have never done it before, give me a call or contact me by email. I promise that by the end of the season you, too, will be a Nordic Patroller. (Test Date TBA). If you are already a Nordic Skier, you know what I am talking about; and I look forward to enjoying more time with you this winter. If you are an experienced Nordic Skier, and are interested in going further, please consider the new "Nordic Master" level. This is basically a Nordic version of the "Certified" Program. Contact me for more information at devines@camfilfarr.com or 973-356-8897.

Women's Program Development

Debbie Cowell
drc@warwick.net

Dates for the Women's Program will be posted on the New Jersey Region Calendar:
<http://www.nspnj.org/calendar.html#>. Please contact me if you have any questions or suggestions.

Student Patroller Program

Debbie Cowell
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The Division Student Training Seminar is **March 13 - 16, 2009** at Bolton Valley, VT. (**Note: Revised Date!!**) All high school age patrollers and candidates are welcome. This is a great opportunity to meet and work with students from across the Division. If you are interested in attending, please let me know.

Delaware Valley Ski Patrol

Stu Gillard
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Years of Service Awards presented to DVSP Patrollers:

Dave Mooney	20 Years
James Paradee	15 Years
Rachel Parsons	5 Years
Janice Alt	5 Years

DVSP Nordic Patrolling: Join DVSP as it patrols Washington's Crossing State Park (it does snow south of Route 78!!) on the heavily skied Continental Trail when the snow flies. Washington's Crossing State Park (WCSP) is a favorite destination for Central New Jersey and Bucks County, Pennsylvania, cross-country skiers. Rally at the WCSP Museum on the New Jersey side and just follow the XC tracks from there. Please check the DVSP website <http://www.dvsp.org> for WCSP patrolling procedures and the path to becoming a Nordic Patroller in the New Jersey Region.

Avalanche

Phil Galka
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New Jersey may not have many avalanches, but we have some of the most extensive travelers in the country. New Jersey skiers venture into avalanche terrain in the north, out west, Europe, and all over the world. The potential for snow avalanches exists wherever snow lies upon the slopes. All over the world, people have become victims in large and small avalanches. Avalanche safety through pre-trip training could have prevented many of these skiers from becoming victims.

2/6/09	Level 1 Avalanche & AFR Prerequisite: None Contact: Rick Liebenstien	Hidden Valley N.J. engtoacct@yahoo.com 973-831-8496
3/19/09 - 3/22/09	Level 2 Avalanche Course Prerequisite: Level 1 or AFR Contact: Chuck Boyd	Whiteface N.Y. chucklin2@gmail.com 860-668-0521

These courses meet elective requirements for Senior and teach avalanche safety through practical hands-on training. A brochure and additional information can be found on the website <http://www.nspnj.org>.

Special Olympics

Kathy Kelley Iantosca
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Special Olympics Winter Games 2009!

The 2009 Special Olympics New Jersey Winter Games will be held on January 26th - 27th. Volunteers are greatly needed to help run the alpine races at Mountain Creek and the Nordic races at Campgaw. Please email Kathy Kelley Iantosca (peanutfan@optonline.net or call 201-259-7596 cell) or email Mike Kelley (mikekwho@aol.com) to volunteer. Please include which day(s) you can volunteer! Thanks!

PEC '09 (formerly known as Powderfall) will be held April 15, 2009 - April 17, 2009 at Snowbird, Utah. Please go to the following website for more details:
<http://www.nspeast.org/images/PEConf2009Brochure.pdf>

*For complete listings of scheduled events throughout the year,
check the below calendars:*

New Jersey Region NSP Calendar: <http://www.nspnj.org/calendar.html>

Eastern Division NSP Calendar: <http://www.nspeast.org/html/calendar.htm>